

## CATERING MENU-JUST SOME SUGGESTIONS AND ALWAYS OPEN TO YOURS!

### Mornings:

1- Sweet Heaven-seasonal fruit soaked in maple syrup and spices, cranberries, natural peanut butter and topped with oats, also soaked in maple syrup and spices. Served warm with yogurt. \$25.00/large tray.

2-Shakshouka-eggs baked in a tomato and pepper sauce, topped with feta cheese. Served with fresh whole wheat pita.\$30.00 for 2 dozen eggs and 12 pitas.

3-Vegan Pancake Tray-large tray of savory vegan pancakes which can be cut into squares, shakshouka sauce and topped with sautéed veggies of your choice. Comes also with 12 pitas. \$20.00

### A bit later:

1-Hot hummus served with a falafel ball and sautéed veggies. Comes in a large tray, enough for about 8 people, with optional hot sauce (homemade of course) and 8 pitas. \$25.00

2-Falafel, deconstructed. Balls, hot hummus, chopped salad, tahini and hot sauce and enough pitas, already opened up, for 12 sandwiches. \$30.00

3-Vegetarian chili-not overly spicy, that can be added later-again, in that tray for about 8 servings, and 8 pitas. \$25.00

4-Soups-either bring me a pot or borrow mine-chick pea soup, beet soup, sweet potato and carrot soup and spinach lemon soup-\$18.00/pot-add pitas at 50 cents each. If you order 2 pots, I give you the pitas.

5-Salads and salad tray-large tray with 6 salads and a whole pile of mini pitas-\$40.00-you choose the salads from a very long list. Or, any large salad, with a pita-\$9.00

6-A True Middle East delight-grilled eggplant, split in half and then covered in onions, tomato and tahini. Minimum 6 eggplant-\$30.00

7-Any item on our regular menu-order 5 or more save 10%, order 10 or more, save 20%.

Prices include delivery, but sadly, not HST

These are just suggestions and thought starters. If it is Mediterranean Style, healthy and I do it well, I am good to work with your ideas and needs. Gluten free is available always and yes, I can do not vegetarian-speak to me about that as well.

Call -905-835-2525 or email me at [magicalmediterraneanmunchies@gmail.com](mailto:magicalmediterraneanmunchies@gmail.com) and let's get it started. I need 24-48 hours' notice, depending on amounts, and am good to provide paper products at my cost-I will buy them and bring you the bill.

